

Motions & Dance

Start Value

3.0	Basic Dance
5.0	Dance of Low Difficulty
7.0	Dance of Low/Average Difficulty
9.0	Dance of Average Difficulty
11.0	Dance of Above Average Difficulty
13.0	Dance of Exceptional Difficulty

Performance Elements:

- Includes Ground Work
- Fast Pace
- Level Changes
- Formation Changes
- Unique Motions
- Unique Body Positions
- Good Synchronization
- Group Work
- Skill Incorporation
- Technical Dance Incorporation

Difficulty Score (15)

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Execution Score (15)

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Total Score (30)
